
FREE CEU OPPORTUNITY

Advancements in Diabetes Workshop: For Healthcare Providers

September 12 OR 13, 2019

8:00am - 5:00pm

Joslin Diabetes Center
One Joslin Place | Boston, MA 02215



Workshop Description

This all-day course will be offered both September 12th and 13th to support healthcare providers already involved in care delivery to patients with diabetes. During this program, we will be reviewing the newest research, techniques, and metrics available to provide advanced diabetes care.

Target Audience

This is a knowledge-based activity designed for individuals or groups, including MDs, PAs, NPs, APRNs, RNs, PharmDs, RPhs, and other health care providers interested in staying up to date on current practices of care for their patients with diabetes and other related conditions. This activity will be CEU, but not CME accredited.

Learning Outcomes and Objectives

The overall learning outcome for this workshop is to increase the skills, knowledge and confidence levels of diabetes educators about advanced diabetes management.

Disclosures for No Conflict of Interest - Planning Committee and Faculty

- Jennifer LeBlanc, BSN, RN, CDE, Osama Hamdy, MD, PhD, Alissa Segal, PharmD, CDE, Samar Hafida, MD, Cara Schragar, RD, CDE, Nuha El Sayed, MD, and Aliza Phillips-Stoll, PhD have no relevant financial disclosures to report
- Laurie Higgins, MS, RD, LDN, CDE is a consultant for Eli Lilly
- Lori Laffel, MD, MPH is a consultant for Astra Zeneca, Boehringer Ingelheim Pharmaceuticals, Dexcom, Eli Lilly Company, Insulet Corp. Johnson & Johnson, Merck and Co. Novo Nordisk, Roche Diagnostics, Sanofi U.S., Unomedical

Requirements for Successful Completion: Participants must attend educational activity in entirety

Activity Type: Knowledge-Based

Financial Information: This education program is supported by funding from the LifeScan Diabetes Institute provided as an unrestricted educational grant

Visit the link below to register for this one-day workshop:

September 12 – <http://bit.ly/JoslinSep12>

- Event Password: JOSSEP12

September 13 – <http://bit.ly/JoslinSep13>

- Event Password: JOSSEP13

Email info@LifeScanDiabetesInstitute.com with any questions

This workshop is sponsored by LifeScan Diabetes Institute and there is no fee for you to attend!

Learning objectives:

- Practice with checking blood glucose and identifying patterns
- Review the latest statistics in diabetes and major areas of attention needed to care, including latest relevant clinical trials
- Identify appropriate care delivery models and options for high risk patients
- Review updates in classes of medications including new CV trial data
- Practice matching the appropriate medication to the right patient
- Explore the impact of obesity among our patients with diabetes and pre-diabetes
- Identify risk factors for obesity
- Review lifestyle, medical and surgical treatment options for patients with diabetes
- Practice matching insulin to carbohydrates
- Determine how to identify and recognize mental health concerns in people with diabetes
- Identify common mental health conditions and barriers to self-care
- Review and practice with solutions and strategies to help patients be successful in making changes and improving care.
- Review all the latest technology and digital health tools for patients with diabetes
- Identify how to choose the best therapy for the right patient based on clinical and lifestyle indications
- Explore emotional and physical barriers and solutions for patients when choosing the right medication or device
- Practice with new metrics for determining a patient's glycemic control including time-in-range and variability glucometrics
- Review the latest published consensus targets for glycemic data
- Describe the Joslin step-wise algorithm for reviewing and interpreting CGM reports
- List non-dietary factors that can affect BG, including Medications, Menses, Stress, Illness, and Exercise
- Reflect on your own teaching methods and potential areas of improvement during CGM review sessions
- Explore how applying methods of Learning Science can lead to better patient retention and confidence in self-management
- Discuss how the ACT NOW framework and patient worksheet may help ensure you are using the best teaching methods available to drive optimal outcomes
- Explore what the future holds for diabetes care

Agenda/schedule:

TIME	TOPIC	SPEAKER
7:30	Breakfast	
8:30	Opening & Welcome	Jennifer LeBlanc, BSN, RN, CDE
8:45	YOU HAVE BEEN DIAGNOSED!	Jennifer LeBlanc, BSN, RN, CDE
9:15	Diabetes Today and In the Future	Osama Hamdy, MD, PhD
10:00	Medication Game	Jennifer LeBlanc, BSN, RN, CDE Alissa Segal, PharmD, CDE
10:30	Break	
10:45	Lifestyle Management & Obesity Options	Samar Hafida, MD
11:45	Carb Intake and Glucose Review & Carb is Right Game	Cara Schragger, RD, CDE
12:15	Lunch	
12:45	Behavioral Health & Diabetes	Aliza Phillips-Stoll, PhD
1:30	Latest in Diabetes Technology: Pens, Pumps, CGMs & Apps	Laurie Higgins, MS, RD, LDN, CDE
2:45	Break	
3:00	Beyond A1C	Lori Laffel, MD, MPH
4:00	Case Based Pattern Management Intro	Jennifer LeBlanc, BSN, RN, CDE
4:30	ACT NOW workshop for CGM Review	Jennifer LeBlanc, BSN, RN, CDE
5:00	Take Home/follow up and Graduation	



This continuing nursing education activity was approved by the American Association of Diabetes Educators, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This program, **2019-039**, is awarded 7.0 contact hours.



The American Association of Diabetes Educators is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program provides 7.0 contact hours (0.70 CEU's) of continuing education credit.

ACPE Universal Activity Number:
0069-0000-19-252-L01-P

Effective Date: September 12,
2019 to September 12, 2020